



Mountain Villa School

May 2017 Lunch Menu

Mac's Nutrition News

Enjoy the nice spring weather and celebrate National BBQ Month with your friends and family!

Try a variety of grilled fruits and vegetables such as corn, zucchini, bell peppers, eggplant, Portobello mushrooms, asparagus, peaches, pineapples, apples, and more!

All Meals are Served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch. Fruit of the Day and Low Fat Milk Choice

Student Lunch \$2.75

Reduced Lunch \$0.40

Adult Lunch \$3.70

MASCHIO'S MAIN EVENT

Maschio's Swap Outs Available Daily

Chicken Patty on a Bun

Bagel Bag Meal– Bagel and Cheese Sticks

Muffin Bag Meal– Muffin and Cheese Sticks

Cereal Bag Meal– Cereal, WG pretzels, and Cheese Sticks

Yogurt Bagel Meal – Yogurt, WG pretzels, and a Cheese Stick

Monday	Tuesday	Wednesday	Thursday	Friday
1 Crispy Chicken Sandwich Fresh Veggie Dippers Fresh or Chilled Fruit	2 Macaroni and Cheese Dinner Roll Vegetable Medley Fresh or Chilled Fruit	3 New Item! Wafflelicious Wednesday Waffles with Warm Berry Compote Breakfast Sausages Sweet Potato Waffle Fries Fresh or Chilled Fruit	4 STAR WARS DAY Grilled Cheese and Ham Solo Sandwich Vader Tater Tots Galaxy Swirl Sorbet	5 New Items! CINCO DE MAYO Pizza Cheese Quesadilla Southwestern Corn Fresh or Chilled Fruit Warm Cinnamon Churro School Lunch Hero Day
8 China Popcorn Chicken w/ Sweet & Sour Dipping Sauce Rice Broccoli Mandarin Oranges	9 Mexico Chicken & Cheese Quesadilla Steamed Rice Steamed Corn Fresh or Chilled Fruit	10 Germany All Beef Frankfurter on a Bun Potato Wedges Applesauce	11 America Hamburger or Cheeseburger on a Bun Sweet Potato Crinkle Fries Home-Style Apple Crisp National BBQ Month	12 Italy Mini Cheese or Pepperoni Calzones with Marinara Sauce Freshly Prepared Italian House Salad Fresh or Chilled Fruit
15 Chicken Nuggets Dinner Roll Vegetable Medley Fresh or Chilled Fruit	16 Breakfast for Lunch Pancakes Breakfast Sausages Maple Cinnamon Sweet Potatoes Fresh or Chilled Fruit	17 Lucky Tray Day Meatball Parm Sub Smile Fries Fresh Veggie Dippers Fresh or Chilled Fruit	18 Grilled Cheese Sandwich Spiral Fries Fresh or Chilled Fruit	19 Mini Cheese Pizza Bagels Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit
22 Popcorn Chicken Confetti Rice Steamed Carrots Fresh or Chilled Fruit	23 Baked Ziti Garlic Bread Sautéed Spinach Fresh or Chilled Fruit	24 Breakfast for Lunch French Toast Sticks Breakfast Sausage Hash Browns Fresh or Chilled Fruit	25 SCOOP-A-BOWL with Chicken, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, and Salsa Tostitos SCOOPS! Tortilla Chips Steamed Corn Fresh or Chilled Fruit	26 Assorted Pizza Selection Freshly Prepared Caesar Salad Fresh or Chilled Fruit
29 Memorial Day School Closed 	30 Cheesesteak Sandwich Battered French Fries Fresh or Chilled Fruit	31 Breakfast Bonanza! Breakfast Sausage Assorted Potatoes Fresh or Chilled Fruit	Celebrate World Food Week!	



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily



Check us out on Facebook : Maschio's Food Services, Inc.

Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit www.MaschioFood.com Or Call Maschio's Food Services at: 908-852-1894

Prepaid Meals are available in the cafeteria:
10 for \$27.50/ 20 for \$55.00

Please Make Checks Payable To:
Allamuchy Twp. School

MENU SUBJECT TO CHANGE

Maschio's Food Services, Inc.

"This institution is an equal opportunity provider"